

Problem 1.

From Eq. (9.166)-(9.168) we get

$$\begin{aligned}\hat{J}_x|+1\rangle &= \hat{J}_x|-1\rangle = \frac{\hbar}{\sqrt{2}}|0\rangle, & \hat{J}_x|0\rangle &= \frac{\hbar}{\sqrt{2}}(|+1\rangle + |-1\rangle) \\ \hat{J}_y|+1\rangle &= i\frac{\hbar}{\sqrt{2}}|0\rangle, & \hat{J}_y|-1\rangle &= -i\frac{\hbar}{\sqrt{2}}|0\rangle, & \hat{J}_y|0\rangle &= i\frac{\hbar}{\sqrt{2}}(|+1\rangle - |-1\rangle)\end{aligned}\quad (1)$$

and therefore for $|\psi\rangle = \alpha|+1\rangle + \beta|0\rangle + \gamma|-1\rangle$

$$\begin{aligned}\hat{J}_x|\psi\rangle &= (\alpha + \gamma)\frac{\hbar}{\sqrt{2}}|0\rangle + \beta\frac{\hbar}{\sqrt{2}}(|+1\rangle + |-1\rangle) \\ \hat{J}_y|\psi\rangle &= i(\alpha - \gamma)\frac{\hbar}{\sqrt{2}}|0\rangle - i\beta\frac{\hbar}{\sqrt{2}}(|+1\rangle - |-1\rangle) \\ \hat{J}_z|\psi\rangle &= \alpha\hbar|+1\rangle - \gamma\hbar|-1\rangle\end{aligned}\quad (2)$$

so the answer to (a) is

$$\begin{aligned}\langle\psi|\vec{\hat{J}}|\psi\rangle &= \vec{e}_x\langle\psi|\hat{J}_x|\psi\rangle + \vec{e}_y\langle\psi|\hat{J}_y|\psi\rangle + \vec{e}_z\langle\psi|\hat{J}_z|\psi\rangle \\ &= \sqrt{2}\Re[\vec{e}_x(\alpha + \gamma)\beta^* + i\vec{e}_y(\alpha - \gamma)\beta^*] + \vec{e}_z(|\alpha|^2 - |\gamma|^2)\end{aligned}\quad (3)$$

and to (b)

$$\begin{aligned}\langle\psi|\hat{J}_x^2|\psi\rangle &= \hbar^2(|\beta|^2 + \frac{1}{2}|\alpha + \gamma|^2) \\ \langle\psi|\hat{J}_y^2|\psi\rangle &= \hbar^2(|\beta|^2 + \frac{1}{2}|\alpha - \gamma|^2) \\ \langle\psi|\hat{J}_z^2|\psi\rangle &= \hbar^2(|\alpha|^2 + |\gamma|^2)\end{aligned}\quad (4)$$

Check:

$$\langle\psi|\hat{J}^2|\psi\rangle = \hbar^2(2\beta^2 + \frac{1}{2}|\alpha + \gamma|^2 + \frac{1}{2}|\alpha - \gamma|^2 + |\alpha|^2 + |\gamma|^2) = 2\hbar^2$$

Problem 2.

(a): $|1, +1\rangle, |1, 0\rangle, |1, -1\rangle, |0, 0\rangle$

(b1):

From Eq. (2) it is clear that the eigenstate of \hat{J}_x (with eigenvalue \hbar) is

$$|1, +1_x\rangle = \frac{1}{2}|1, +1\rangle + \frac{1}{\sqrt{2}}|1, 0\rangle + \frac{1}{2}|1, -1\rangle$$

Obviously, it is also an eigenstate of \hat{J}^2 with eigenvalue $2\hbar^2$. The probability to measure \hat{J}^2 to be $2\hbar^2$ and \hat{J}_x to be \hbar is

$$|\langle 1, +1_x | \psi \rangle|^2 = \left| \frac{\alpha + \gamma}{2} + \frac{\beta}{\sqrt{2}} \right|^2 \quad (5)$$

(b2):

From Eq. (2)

$$\langle \psi | \hat{J}_z | \psi \rangle = \hbar(|\alpha|^2 - |\gamma|^2)$$

If one measures $f(J_z)$ one gets $f(\hbar)$ with probability $\langle 1, +1 | \psi \rangle|^2 = |\alpha|^2$, $f(-\hbar)$ with probability $\langle 1, -1 | \psi \rangle|^2 = |\gamma|^2$, and $f(0)$ with probability $\langle 1, 0 | \psi \rangle|^2 + \langle 0, 0 | \psi \rangle|^2 = |\beta|^2 + |\delta|^2$. Check: the probabilities sum up to $|\alpha|^2 + |\beta|^2 + |\gamma|^2 + |\delta|^2 = 1$ as required.

(b3.1):

Mean value of J^2 is $\langle \psi | \hat{J}^2 | \psi \rangle = 2\hbar^2(|\alpha|^2 + |\beta|^2 + |\gamma|^2)$. If one measures $f(J^2)$ one gets $f(2\hbar^2)$ with probability $|\alpha|^2 + |\beta|^2 + |\gamma|^2$

and $f(0)$ with probability $|\delta|^2$.

(b3.2):

From Eq. (3) we see that the mean value of J_x is

$$\langle \psi | \hat{J}_x | \psi \rangle = \sqrt{2} \Re(\alpha + \gamma) \beta^*.$$

For the second part of the problem one needs to know the eigenstates of \hat{J}_x . From Eq. (2) we get

$$\begin{aligned} |1, +1_x\rangle &= \frac{1}{2}|1, +1\rangle + \frac{1}{\sqrt{2}}|1, 0\rangle + \frac{1}{2}|1, -1\rangle \\ |1, 0_x\rangle &= \frac{1}{\sqrt{2}}|1, +1\rangle - \frac{1}{\sqrt{2}}|1, -1\rangle \\ |1, -1_x\rangle &= \frac{1}{2}|1, +1\rangle - \frac{1}{\sqrt{2}}|1, 0\rangle + \frac{1}{2}|1, -1\rangle \end{aligned} \quad (6)$$

So, if one measures $f(J_x)$ one gets $f(\hbar)$ with probability $|\langle 1, +1_x | \psi \rangle|^2 = |\frac{\alpha+\gamma}{2} + \frac{\beta}{\sqrt{2}}|^2$, $f(-\hbar)$ with probability $|\langle 1, -1_x | \psi \rangle|^2 = |\frac{\alpha+\gamma}{2} - \frac{\beta}{\sqrt{2}}|^2$, and $f(0)$ with probability $|\langle 1, 0_x | \psi \rangle|^2 + |\langle 0, 0 | \psi \rangle|^2 = \frac{|\alpha-\gamma|^2}{2} + |\delta|^2$.

$$\text{Check: } |\frac{\alpha+\gamma}{2} + \frac{\beta}{\sqrt{2}}|^2 + |\frac{\alpha+\gamma}{2} - \frac{\beta}{\sqrt{2}}|^2 + \frac{|\alpha-\gamma|^2}{2} + |\delta|^2 = 1.$$

(b4):

If one measures J_z^2 possible results are \hbar^2 with probability $|\langle 1, +1 | \psi \rangle|^2 + |\langle 1, -1 | \psi \rangle|^2 = |\alpha|^2 + |\gamma|^2$ and 0 with probability $|\langle 1, 0 | \psi \rangle|^2 + |\langle 0, 0 | \psi \rangle|^2 = |\beta|^2 + |\delta|^2$. Again, sum of the probabilities is 1. Also, if we weigh probabilities with values, we get mean of J_x^2 , see Eq. (4):

$$\hbar^2(|\alpha|^2 + |\gamma|^2) = \langle \psi | \hat{J}_z^2 | \psi \rangle$$